

# ČAS PO DIAGNOZI

Diagnoza shizofrenije lahko v vas zbudi nelagodne in nasprotujoče si občutke.



Postavitev diagnoze shizofrenije je za vsakogar neprijeten trenutek v življenju. Veliko bolnikov je prestrašenih in zaskrbljenih, nekateri pa si kljub vsemu oddahnejo, saj dobijo odgovor na številna vprašanja in občutek, da so razumljeni. Vsi ti občutki se lahko pojavijo sočasno.

Popolnoma sprejemljivo je, da ste zbegani in zaskrbljeni glede odziva okolice. Zato je pomembno, da svoje občutke zaupate zdravniku in se pogovorite o možnostih zdravljenja, ki so danes številne in učinkovito pripomorejo k okrevanju.

## Literatura

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