

## SVRHA LIJEČENJA

Zdravstveni djelatnici (uključujući psihijatre, psihologe, medicinske sestre ili socijalne radnike) surađivat će s oboljelima od shizofrenije i njihovim obiteljima kako bi imali na umu njihove ciljeve. Ciljevi mogu biti kratkoročni ili dugoročni.



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Sljedeći dio navodi neke od ciljeva terapije.<sup>1, 2, 9</sup>

- Ukloniti ili ublažiti simptome te postići i održati razinu

poboljšanja kako ovi simptomi ne bi negativno utjecali na vaš život.

- Spriječiti relaps.
- Spriječiti ili smanjiti dolaske u bolnicu ili potrebu za hospitalizacijom.
- Spriječiti ili ublažiti moguće nuspojave povezane s lijekovima.

Započeti ili se vratiti normalnim svakodnevnim aktivnostima (poput posla, školovanja, samostalnog života i društvenih odnosa).

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